This river trail encompasses 36 miles of the beautiful St. George River from Route 173 in Searsmont to Thomaston. This brochure shows a map of the river, access points, rapids, portages and historical points. From Seven Tree Pond in Union to Thomaston the river offers excellent paddling and wildlife viewing with a few easy rapids at all water levels. It is recommended to paddle from Warren Village to Thomaston on an outgoing tide so the current is not against you. The upper river from Searsmont to Seven Tree Pond offers beautiful scenery and challenging rapids but can be difficult paddling during low water conditions. There are no marked trails at the portage sites. Paddlers must respect private property owners when portaging or stopping for rest breaks. The upper river is narrow and has many trees fallen into the river. Be on the lookout for “strainers”, trees hanging from shore into the river, that can trap paddlers and their boats. Scouting the more challenging rapids before running them is recommended. If you feel uncomfortable running them or if the water level is too low “line” your canoes through them. This is a self-guided trip. You are responsible for your own safety. Use good judgement.
Parking available at GRLT Gibson Preserve 0.5 miles to the west on Route 173.