The Frye Mountain Trail is an 8.4-mile network of trails that pass through mixed and coniferous forests and parallel a stretch of Bartlett Stream, the northern-most feeder stream of the Georges River. Frye Mountain rises to a height of 1,122 ft and is located within the 5,240-acre Frye Mountain Wildlife Management Area (Maine Department of Inland Fisheries & Wildlife).

The Frye Mountain Trail connects to the Sheepscot Headwaters Trail Network, created by the Sheepscot Wellspring Land Alliance, via the Hogback Mountain Trail. This partnership provides an additional 15 miles of trail for the public to enjoy.

The Hogback Mountain Trail is a 2.8-mile trail that takes hikers past the gigantic glacial erratic known as “piano rock,” through a young beech forest, and up a 50-foot cliff with tiny cascading waterfalls. The payoff at the summit (1,115 ft) is a fantastic southerly view of the Georges River watershed. Hogback Mountain sits to the west of Frye Mountain and the trails of both mountains are linked for an 11-mile adventure.

DIRECTIONS TO THE TRAILHEADS
From the intersection of Routes 3 and 220 in Liberty, follow 220 north for 6.5 miles to Walker Ridge Road on the right. Park at Dept. of Inland Fisheries & Wildlife maintenance building lot and walk up the jeep road 0.4 miles to the trailhead on the right.

Thank you to our 2017 Trail Blazer sponsors. Their support is critical to the success of the Georges Highland Path.

GEORGES RIVER LAND TRUST
Our mission is to conserve the ecosystems and traditional heritage of the Georges River watershed region through permanent land protection, stewardship, education, and outdoor experiences.

8 North Main Street
Rockland, ME 04841
(207) 594-5166
www.GeorgesRiver.org

© 2016 GRLT
Please return, reuse, or recycle this trail map.

FRYE AND HOGBACK MOUNTAINS TRAIL
Montville, ME

Thank you to our 2017 Trail Blazer sponsors. Their support is critical to the success of the Georges Highland Path.