TOWN FOREST TRAIL
Thomaston, ME
The Thomaston Town Forest Trail passes through the 500-acre town forest that lies to the east of the Oyster River. The trail passes through an area harvested for timber (2011-12), provides excellent views of the Oyster River, and brings hikers to Split Rock for a close look at this huge glacial erratic. The trail offers mostly level hiking through mixed and coniferous woods which provide habitat for deer, wild turkey, and moose.

The combination of the Oyster River Bog and Thomaston Town Forest sections of the Georges Highland Path provide a continuous 11-mile hiking experience that connects Route 1 in Thomaston to Route 90 in Rockport.

This trail is a collaborative project of the Town of Thomaston Conservation Commission and Georges River Land Trust.

DIRECTIONS TO THE TRAILHEADS
The Jack Baker Woods trailhead is located on Beechwood Street in Thomaston, 3.3 miles south of the intersection of Beechwood St. and Route 90. The trailhead at Thomaston Pollution Control is at the end of Booker Street off Route 1, across from the Oceanside High School sign. The Water Tower trailhead is up a dirt road off the western end of Route 1, across from the Thomaston Green.

Leave No Trace™
on the Georges Highland Path

- Stay on the trail to minimize erosion and protect sensitive plant life.
- Carry out what you carry in.
- Be considerate to wildlife and your fellow hikers by keeping your pets leashed.
- Please leave flowers, plants, and rocks undisturbed.
- Respect others using the trail today...and tomorrow.

GEORGES RIVER LAND TRUST
8 North Main Street
Rockland, ME 04841
(207) 594-5166
www.GeorgesRiver.org

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GEORGES HIGHLAND PATH
A Unique System of Trails
The 50+ miles of the Georges Highland Path are built primarily on privately owned land thanks to handshake agreements. Please respect the rights of these generous landowners during your visit. Without their participation, this trail system would not exist.

The Georges Highland Path has been described as a “hikers hiking path” and the maintenance standard aligns with a desire to provide a back country experience within minutes of the busy towns of midcoast Maine. Expect tree roots, rocks to scramble over, wildlife, and a wonderful time!

Thanks to our sponsors and contributions from people like you, we are able to keep these trails available to all who seek the inspiration and solace of the natural world.

The Thomaston Town Forest Trail is sponsored by the following companies. Please patronize and thank these trail sponsors!

EASTERN MARINE SUPPLY
Midcoast Marine Supply

Waldo County General Hospital
Mainehealth
Pen Bay Medical Center
Mainehealth

GEORGES RIVER LAND TRUST
Our mission is to conserve the ecosystems and traditional heritage of the Georges River watershed region through permanent land protection, stewardship, education, and outdoor experiences.

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RECREATIONAL USES
A Section of the GEORGES HIGHLAND PATH

LENGTH
4.4-mile network

DIFFICULTY
Moderate