

FRYE MOUNTAIN TRAIL

Montville, ME

The Frye Mountain Trail is an 8.4-mile network of trails that pass through mixed and coniferous forests and parallel a stretch of Bartlett Stream, the northern-most feeder stream of the Georges River. Frye Mountain rises to a height of 1,122 feet and is located within the 5,240-acre Frye Mountain Wildlife Management Area (Maine Department of Inland Fisheries & Wildlife).

The Frye Mountain Trail connects to the Sheepscot Headwaters Trail Network, created by the Sheepscot Wellspring Land Alliance, via the Hogback Mountain Trail. This partnership provides an additional 15 miles of trail for the public to enjoy.

The management goal of the Frye Mountain Wildlife Management Area is to support high quality wildlife habitat, and secondarily, to provide public recreational opportunities, including hunting and trapping. Because of the multiple uses of this area, hikers should wear blaze orange during all legal hunting seasons.

DIRECTIONS TO THE TRAILHEADS

From the intersection of Routes 3 and 220 in Liberty, follow 220 north for 6.5 miles to Walker Ridge Road on the right. Park at Dept. of Inland Fisheries & Wildlife maintenance building lot and walk up the jeep road 0.4 miles to the trailhead on the right.

Leave No Trace™ on the Georges Highland Path

- Stay on the trail to minimize erosion and protect sensitive plant life.
- Carry out what you carry in.
- Be considerate to wildlife and your fellow hikers by keeping your pets leashed.
- Please leave flowers, plants, and rocks undisturbed.
- Respect others using the trail today...and tomorrow.



GEORGES HIGHLAND PATH

A Unique System of Trails

The 50+ miles of the Georges Highland Path are built primarily on privately owned land thanks to handshake agreements. Please respect the rights of these generous landowners during your visit. Without their participation, this trail system would not exist.

The Georges Highland Path has been described as a “hikers hiking path” and the maintenance standard aligns with a desire to provide a back country experience within minutes of the busy towns of midcoast Maine. Expect tree roots, rocks to scramble over, wildlife, and a wonderful time!

Thanks to our sponsors and contributions from people like you, we are able to keep these trails available to all who seek the inspiration and solace of the natural world.

The Frye Mountain Trail is sponsored by the following companies. Please patronize and thank these trail sponsors!



GEORGES RIVER LAND TRUST

Our mission is to conserve the ecosystems and traditional heritage of the Georges River watershed region through permanent land protection, stewardship, education, and outdoor experiences.

8 North Main Street
Rockland, ME 04841
(207) 594-5166
www.GeorgesRiver.org

FRYE MOUNTAIN TRAIL

A Section of the GEORGES HIGHLAND PATH



RECREATIONAL USES



LENGTH
8.4-mile network

DIFFICULTY
Strenuous



The Georges Highland Path is a project of the Georges River Land Trust.

Learn more at www.GeorgesRiver.org.



The Georges Highland Path is available to the public thanks to private landowners, volunteers and donations from the hikers who use it.

Please donate with a credit card online at www.georgesriver.org or

Mail this form with a check to:

Georges River Land Trust
8 North Main Street
Rockland, Maine 04841

Yes!

I will help maintain the Georges Highland Path!

Name: _____

Street _____

Address: _____

Town: _____

State: _____

Email: _____

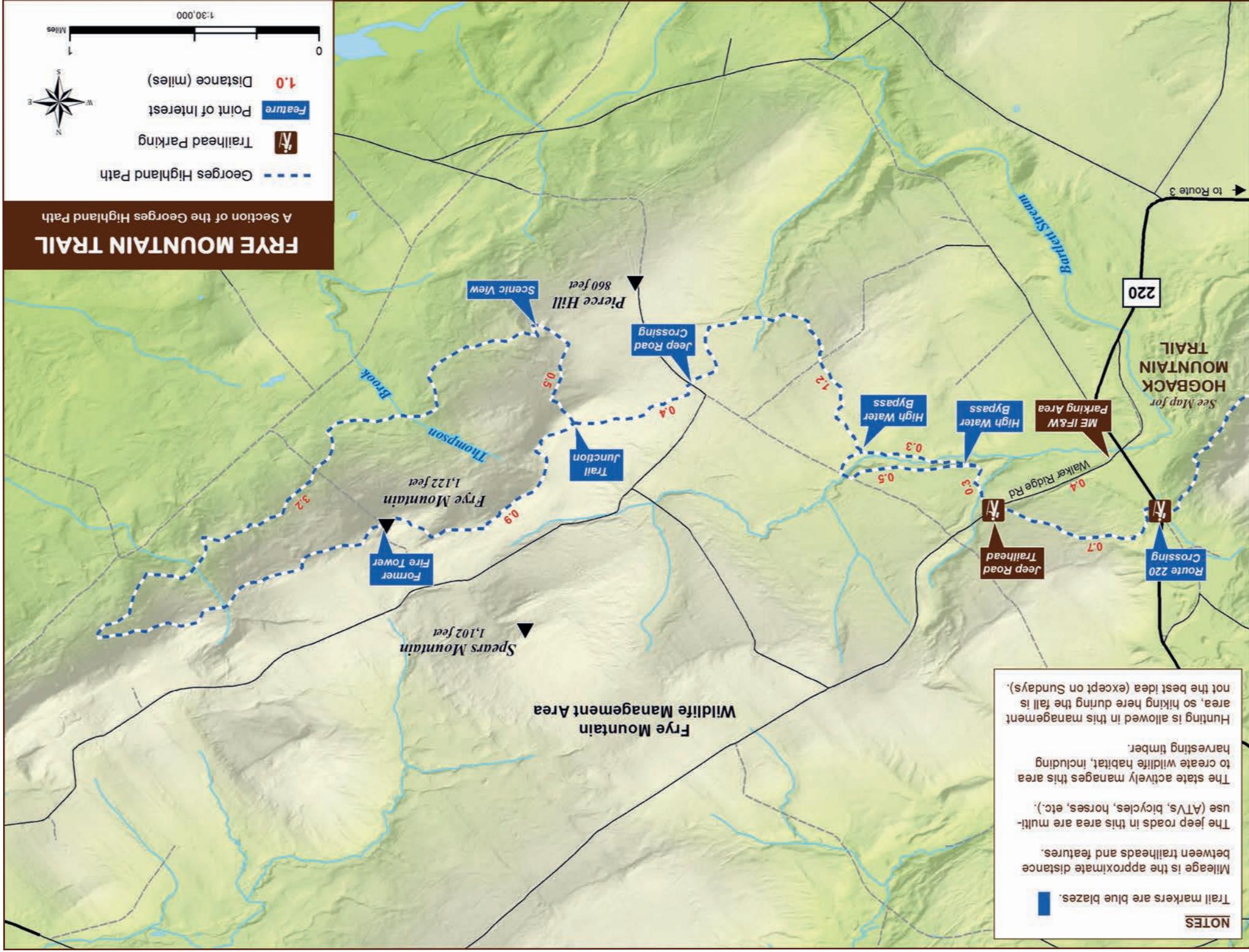
Tel: _____

_____ I am interested in volunteering on the Trails Crew



NOTES

Trail markers are blue blazes.
Mileage is the approximate distance between trailheads and features.
The jeep roads in this area are multi-use (ATVs, bicycles, horses, etc.).
The state actively manages this area to create wildlife habitat, including harvesting timber.
Hunting is allowed in this management area, so hiking here during the fall is not the best idea (except on Sundays).



FRYE MOUNTAIN TRAIL

A Section of the Georges Highland Path

Georges Highland Path

Trailhead Parking

Feature

Point of Interest

Distance (miles)

